

# What is anterior urethral stricture disease?

An anterior urethral stricture is a narrowing of the urethra caused by scarring, that obstructs the flow of urine. If left untreated, the obstruction caused by an anterior urethral stricture can lead to a reduced quality of life, bladder and kidney damage, and urinary tract infections in men.<sup>2</sup>

#### **Common symptoms include:**

- Hesitancy when waiting for the stream of urine to begin
- Weak or irregular flow
- Straining to urinate
- Painful urination
- · A sense of incomplete emptying
- · Dribbling after urination

# Ask your urologist if Optilume® may be the right solution for your anterior urethral stricture disease

#### Learn more at www.optilume.com

- 1 Steenkamp JW, Heyns CF, de Kock MLS, Internal Urethrotomy Versus Dilation as Treatment for Male Urethral Strictures: A Prospective, Randomized Comparison. Journal of Urology, Vol. 157.96-101. January 1997
- Tritschler S, Roosen A, Füllhase C, Stief CG, Rübben H. Urethral stricture: etiology, investigation and treatments. Dtsch Arztebl Int. 2013;110(13):220-226. doi:10.3238/arztebl.2013.0220
- 3 Data on file. DSC016-004 rJ Robust I Clinical Study Final Report
- 4 Data on file. RP1277-001 rB



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**UROLOGY & UROGYNECOLOGY** 

Are you ready to break the anterior urethral stricture cycle?



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### At last, a breakthrough treatment for strictures

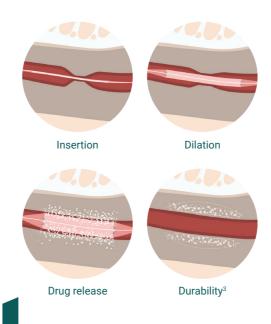
Current endoscopic anterior urethral stricture treatments are common practice and often ineffective, leading to multiple repeat procedures with diminishing results.<sup>1</sup>

Optilume® is an effective alternative to traditional endoscopic stricture treatments, offering minimally invasive, immediate relief.³ Optilume® works by inhibiting new scar tissue growth that often recurs after dilations or direct visual internal urethrotomy (DVIU).

All this in a simple out-patient procedure.

# What is Optilume® and how is it used?

- Optilume® is a small, cylindrical balloon coated with medication engineered to simultaneously open the urethra and slow or stop stricture regrowth
- Similar balloons have successfully prevented re-treatment in cardiovascular procedures for several years<sup>3</sup>
- Recovery is mild3
- No impact on erectile function3



#### Proven results

 Paclitaxel, the drug that coats the balloon, is a proven antiproliferative drug that has been effectively used in millions of patients worldwide since the early 1990's, in various applications

## 5-year freedom from reintervention rate<sup>4</sup>





At 5 years, durability continued with 73% FFRI, with a 298% increase in Omax and a 71% decrease in IPSS.

Simple. Safe. Durable. This changes everything