

# ABBy™

## Patient User Guide

OBSTETRICS, GYNECOLOGY & NEONATAL  
A dignified solution to aid in your wound care management for up to 14 days post surgery.

### Helpful tips before you get started:

- Before reapplying/repositioning ABBy, make sure your skin is free of moisture, lotion, and/or dry skin flakes.
- ABBy can be readjusted as needed. If you take ABBy off completely, be mindful that reapplication is easiest with the help of a second person.
- If needed, restore the adhesiveness by washing the adhesive side with mild soap and water. Before reapplying, rinse soap off and pat the device dry with a towel.
- If your physician has approved you to shower, ABBy can be worn while showering.



### Repositioning ABBy

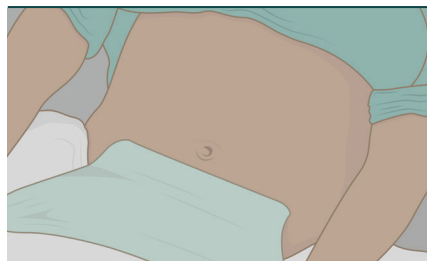
Follow these steps if you want to adjust and/or reposition without fully removing it.

#### 1. Position



While in a flat or reclining position, grab each top corner.

#### 2. Pull Down & Dry



Gently pull down until your navel is fully visible. Make sure your skin is thoroughly dry.

#### 3. Finger Placement



Place your fingers on the fabric side of the ABBy and your thumbs on the silicone adhesive side at the top corners.

#### 4. Tension



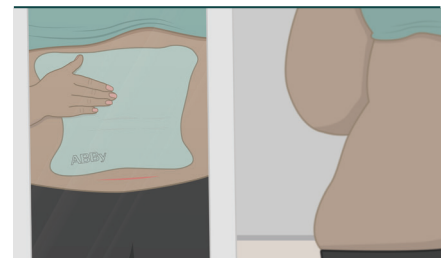
To reposition, pull the ABBy up either by walking the device up from the side edges and smoothing it to your skin as you go up, or by pulling up from the top corners and attaching it just under the breasts.

#### 5. Apply & Smooth



Once proper retraction is achieved, smooth the ABBy down across skin. Make sure the edges are smoothed down well.

#### 6. Check Placement

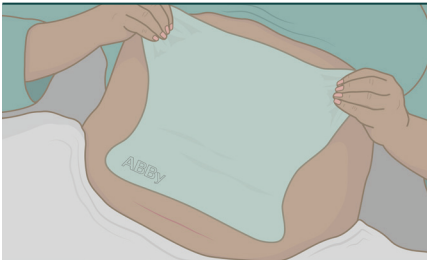


When you have finished with adjusting the ABBy, look in a mirror to make sure that you have a full view of the incision.

## Reapplying ABBy

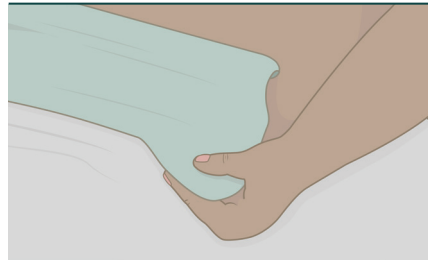
These steps will help you reapply your ABBy device after it has been completely removed.

### 1. Position



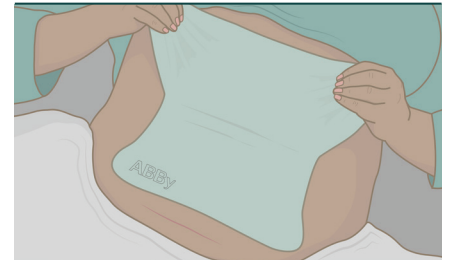
To reapply ABBy, recline or lay down and align the bottom of ABBy 3-5 cm (1-2 inches) above the incision.

### 2. Finger Placement



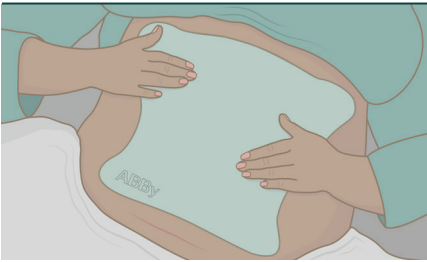
At the top corners, place your fingers on the fabric side and your thumbs on the silicone adhesive inner side of the ABBy.

### 3. Tension



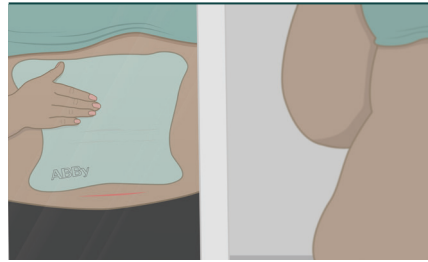
To create tension, pull the ABBy upwards either by walking the device up from the side edges and smoothing it to your skin as you go up, or by pulling up from the top corners and attaching it just under the breasts.

### 4. Apply & Smooth



If proper retraction is achieved, smooth the ABBy down across skin. Make sure the edges are smoothed down well.

### 5. Check Placement



When you have finished with reapplying the ABBy, look in a mirror to make sure that you have a full view of the incision.

We are honored to be a part of your recovery.

See Instructions for Use for full instructions, warnings, precautions and contraindications.

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**ABBy**<sup>™</sup>  
Postoperative Panniculus Retractor

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