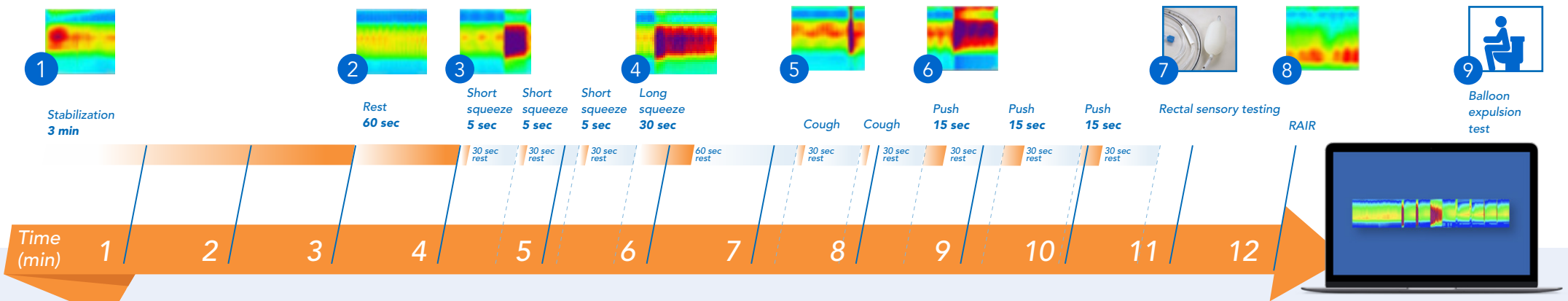


SUMMARY OF LONDON PROTOCOL AND CLASSIFICATION FOR HRAM¹



Step Maneuver Calculation of Metric

- 0 Preparation**
Explain procedure to the patient.
Fix balloon, Presoak, Zero, Insert.

- 1 Stabilization period | 3 minutes**
"No talking with patient, no intervention"

- 2 Rest | 60 seconds**
"No talking with patient, no intervention"

- 3 3x Short squeeze | 5 seconds (each)**
"Please squeeze in tight with muscles around your bottom and hold until I say stop". 30-s between-maneuvres recovery interval.

- 4 1x Long squeeze | 30 seconds**
60-s between-maneuvres recovery interval.

- Anal resting pressure
- Ultraslow wave

- Squeeze pressure

- Endurance squeeze time

Step Maneuver Calculation of Metric

- 5 2x Strong single cough**
30-s between-maneuvres recovery interval.

- 6 3x Push | 15 seconds (each)**
30-s between-maneuvres recovery interval.

- 7 RST (Rectal Sensation Test)**
Inflate the balloon and mark the sensations of the patient.

- 8 R1x RAIR**
Fast balloon inflation, min 30 ml in \pm 2 sec. Remove air after 5 sec. Repeat with larger volume if no reflex is observed.

- 9 BET (Balloon Expulsion Test)**
Balloon pre-filled with 50ml body temperature water. Patient in sitting position in private room.

- Rectal pressure increase
- Anal pressure decrease

- Rectal sensation thresholds (ml)
- First constant sensation volume
- Desire to defecate volume
- Maximum tolerated volume

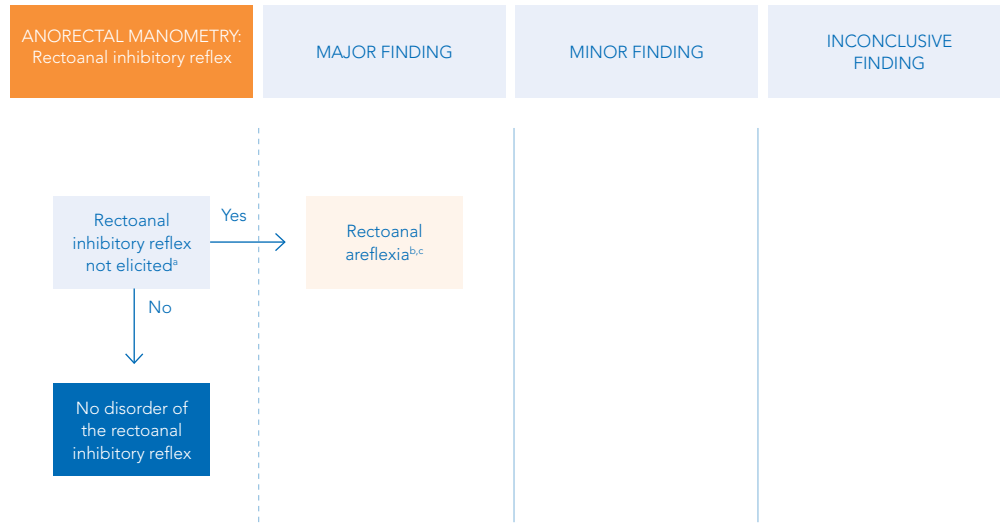
- RAIR observed

- Balloon expulsion time

References: 1) E. Carrington, et.al. The IAPGW recommendations; standardized testing protocol and London classification, NGM. doi.org/10.1111/nmo.13679, 2019; Data can be subject to change without notice 01-2020 © Copyright by MMS B. V. The Netherlands 0073-MAI-012-EN-V1.02 London protocol leaflet PRC- 026549.

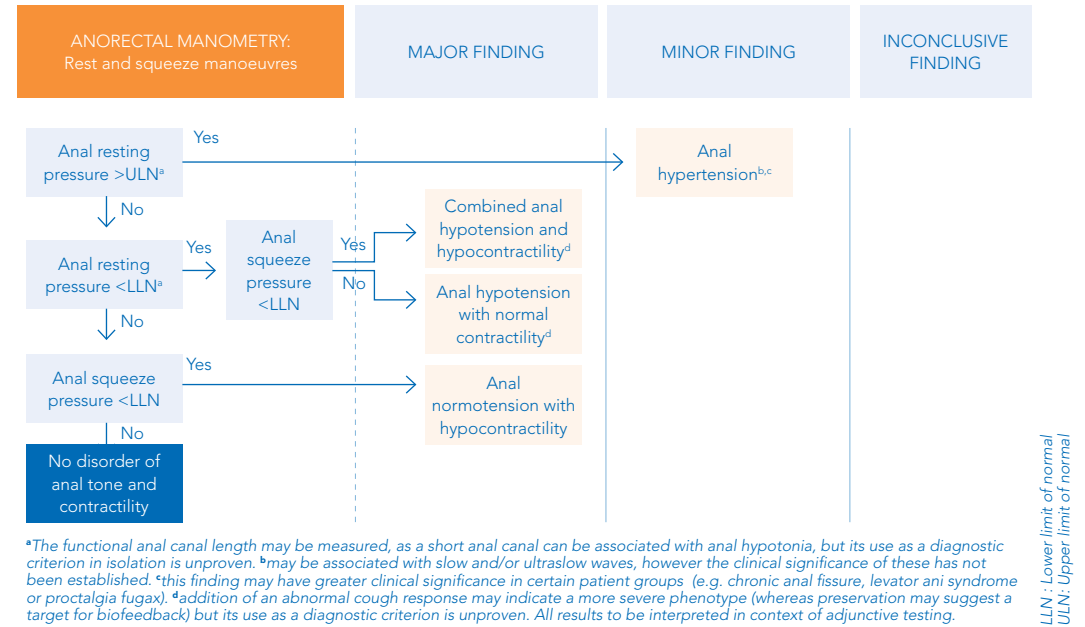


LONDON CLASSIFICATION PART I: DISORDER OF THE RECTOANAL INHIBITORY REFLEX



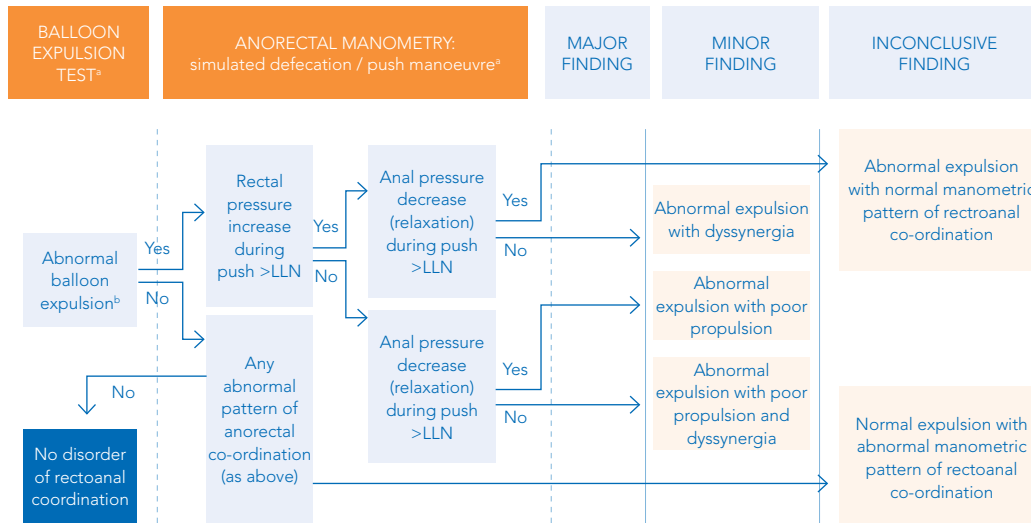
^aMinimum volume required to elicit reflex not established in the literature; failure to elicit a RAIR may be seen with low distending volumes in a large capacity rectum. ^bRAIR not elicited is a pattern not seen in health but may be found in asymptomatic patients following rectal resection / ileal pouch anal anastomosis, anal hypotonia, faecal loading or megarectum. ^cMay indicate the need for further investigation to exclude aganglionosis especially in paediatric populations and adult patients with coexistent megarectum/megacolon. All results to be interpreted in the context of adjunctive testing.

LONDON CLASSIFICATION PART II: DISORDERS OF ANAL TONE AND CONTRACTILITY



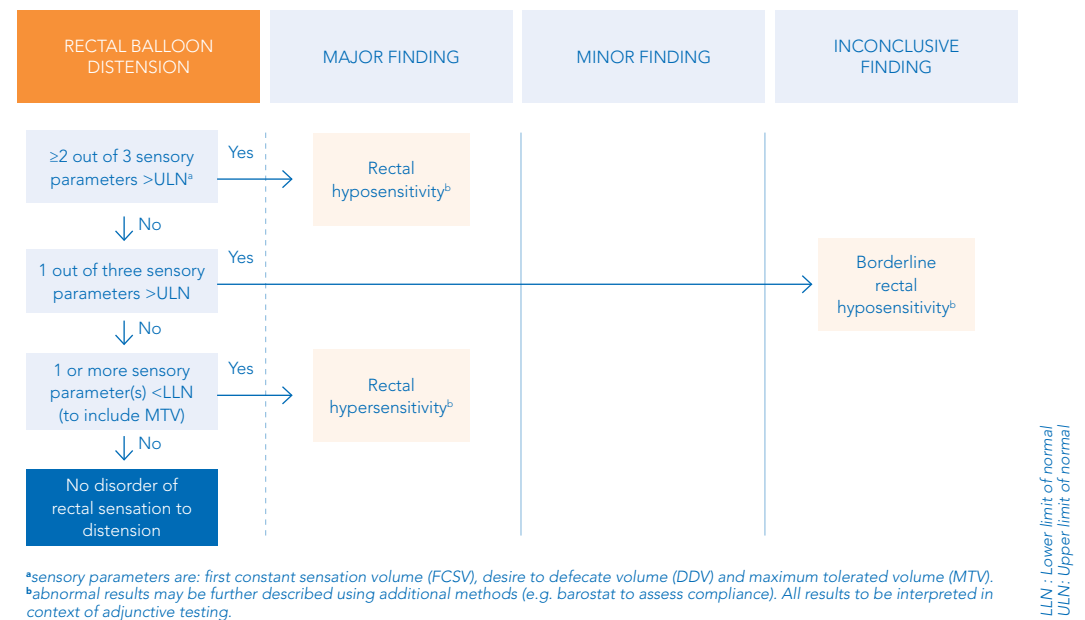
^aThe functional anal canal length may be measured, as a short anal canal can be associated with anal hypotonia, but its use as a diagnostic criterion in isolation is unproven. ^bmay be associated with slow and/or ultraslow waves, however the clinical significance of these has not been established. ^cthis finding may have greater clinical significance in certain patient groups (e.g. chronic anal fissure, levator ani syndrome or proctalgia fugax). ^daddition of an abnormal cough response may indicate a more severe phenotype (whereas preservation may suggest a target for biofeedback) but its use as a diagnostic criterion is unproven. All results to be interpreted in context of adjunctive testing.

LONDON CLASSIFICATION PART III: DISORDERS OF RECTOANAL COORDINATION



^arequires the use of both balloon expulsion test and anorectal manometry. ^bor impaired evacuation of contrast medium (prolonged evacuation end time and/or reduced percentage of contrast emptied) on alternative testing e.g. barium or MR defaecography. All results to be interpreted in context of adjunctive testing.

LONDON CLASSIFICATION PART IV: DISORDERS OF RECTAL SENSATION



^asensory parameters are: first constant sensation volume (FCSV), desire to defecate volume (DDV) and maximum tolerated volume (MTV). ^babnormal results may be further described using additional methods (e.g. barostat to assess compliance). All results to be interpreted in context of adjunctive testing.